

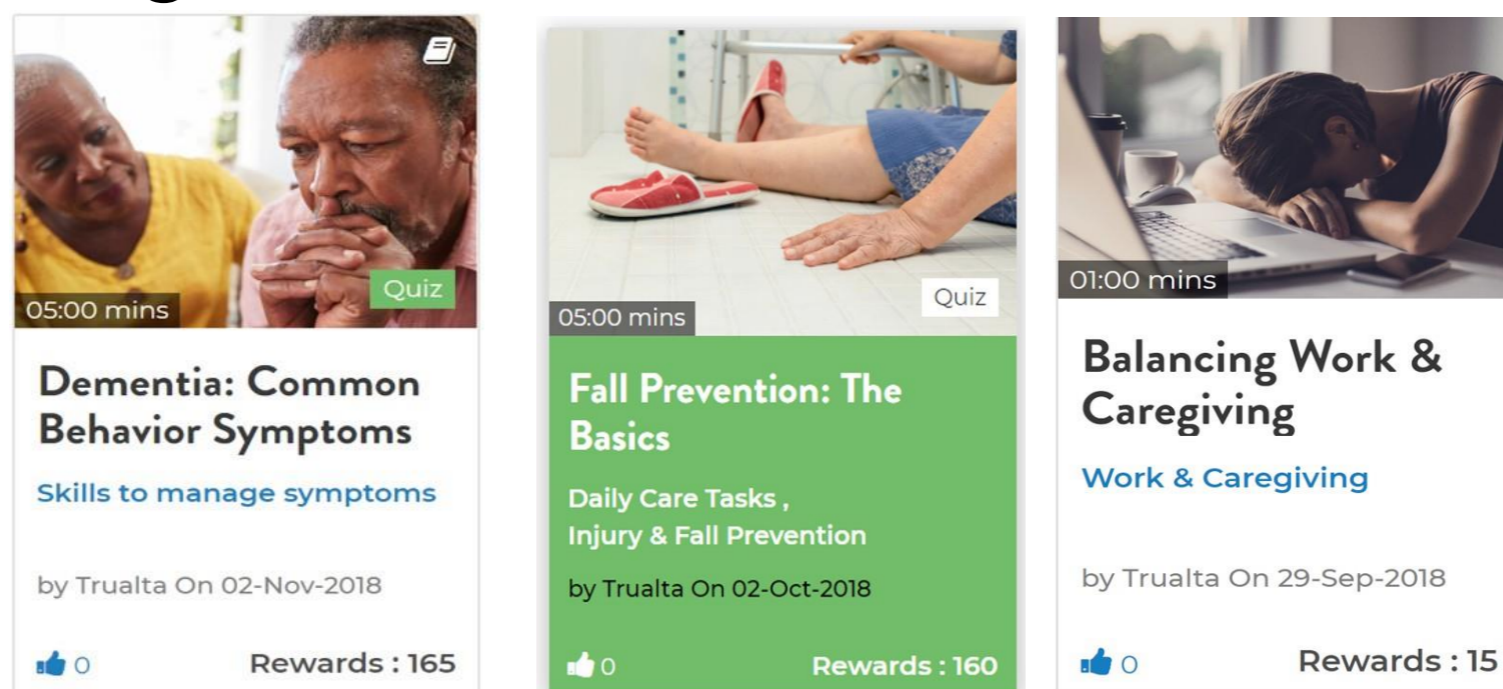


# LEARN THE SKILLS YOU NEED FOR CARE AT HOME

**For families caring for a loved one with memory disorders, Alzheimer's or dementia.**

Tip-sheets, videos and eLearning courses  
Easy-to-use on a computer, tablet or smartphone  
Includes print booklets

Beginner and advanced education



*For caregivers who live in Livingston, Macomb, Monroe, Oakland, St. Clair or Washtenaw Counties or have a care recipient living in these counties.*

*For more information on Trualta, please visit our website at [www.aaalb.org](http://www.aaalb.org).*

*You may access this FREE web-based eLearning Caregiver Training at [http://aaalb.trualta.com/register\\_cm/trualta](http://aaalb.trualta.com/register_cm/trualta).*

*After registering log in at [aaalb.trualta.com](http://aaalb.trualta.com).*

*Please email questions to [Trualta@aaalb.com](mailto:Trualta@aaalb.com) or call Area Agency on Aging 1-B at 800-852-7795.*

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